

Thursday

Play & Learn (Ripley V Hall, GU23 6AF)

10am - 11.30am (for 0 - 4 years) **Drop In**

Play session for parents & children 0-4yrs

Dates: 10th Jan-14th Feb

Please note we are now at this venue

Thursday's during Term-time. Check dates



'Ethos Project' (Main Site GU1 2TD)

1:1 advice & information on CV writing, housing options, employment & careers advice. **Contact the Centre to discuss.**

Eligibility criteria -

Unemployed or working less than 16hrs a week.



Play & Learn at Ripley

For children 0-4 years. Play activities using various media & toys to explore & create. Suitable for 0-4yrs, using outside and inside areas, also singing and a snack!

Friday

Swimming* (Boxgrove Pool, Main site)

- 4 to 18mths 10-10.45am
- 4 to 18mths 10.45-11.30am
- 18mths to 3yrs 11.30-12.15

Booked places £25 for 6 sessions.

Dates: 11th Jan to 15th Feb



Workshops - Various

Check website for any dates/details

- * First aid
- * Parenting Seminars
- * Child Development topics

Swimming

Please book by phone only to enable the collection of appropriate details.

Payment by cash or cheque at the first session.

No siblings are permitted to attend, sessions are a strict 1:1 ratio



A Sure Start Children's Centre



Jan - Feb 2019

Boxgrove Sure Start Children's Centre
Boxgrove Primary School
Boxgrove Lane, Guildford GU1 2TD

Phone: **01483 540818**

Email: **bcc@boxgrove.surrey.sch.uk**

Web: **www.boxgrovechildrenscentre.co.uk**

Programme is subject to change, please check website for up to date information

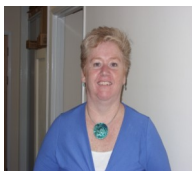
Monday

Advice & Information

Did you know you can pop into the Centre any time between 9am - 1pm Monday to Friday for information, advice or just to talk? Or you can phone or email us and we'll call you back.



Rhona - IAG



Liz - Manager



Louise



Caroline

Outreach workers

Louise & Caroline are available for Outreach and Home Visits by arrangement. We can support and advise you with sleeping or feeding problems, behaviour issues and other aspects of family life. Please contact us for more details.

Some of our activities are target & through invite/referral process only.

Most activities are FREE or subsidised.

Check the website for changes to program.

Tuesday

Marek Postnatal Fitness

* **10-11am** (Bushy Hill Park)

Join Melissa (Marek Fitness) for an Introduction to postnatal exercise. Improve health & stamina. Mothers' 6-8 week midwife check must have been completed. Babies in buggies welcome.

Dates: 15th Jan to 12th Feb

Book a place: £20 for 5 sessions

Hatchlings (Boxgrove Main site)

* **9:30 - 10:45am** **Invite only**

A 4 week baby group to cover topics such as: Play & development, feeding & diet and sleep & routine. This group is for first time Mums. With Louise (Outreach Worker).

Child Health Clinic (Boxgrove Main site)

* **11am - 12.30pm**

Health Professionals from the Central Guildford & Horsley/Send Villages Surgeries hold a weekly drop-in Clinic at the Children's Centre. No need to book. Check website for closures.

Please arrive by 12:15 to ensure being seen.

'Invite only'

Attendance criteria for these groups are often development/age related.

The Centre Team and/or Health Team can be contacted to express an interest or to check criteria is met.

Jarvis Centre - 01483 783288

Wednesday

Busy B's at Bushy Hill Community Centre

• **10 - 11.30am** (9th Jan-13th Feb)

This groups runs in the Bushy Hill Community Centre (GU1 2UG). Bushy Hill Estate is an area identified for targeted Children's Centre Outreach services. This group is for families living in the Bushy Hill Estate area.**

Messy Play



Kimberley Playworker

Admission criteria for all groups.

Priority is given to families with children aged 0-4 years living within our Centre map area & is linked to our funding. Areas covered: **Bushy Hill, Boxgrove, Burpham, Merrow, Ripley, Clandon & Horsley** (postcode specific) Please phone & ask if not sure.

**Busy B's at Bushy Hill

This group is for families with children 0-4 years. Various themed weeks - art activities, toys, baby corner, role play, sports & dance, singing and a snack. **CHECK WEBSITE FOR DATE CHANGES** * Families in need of support from within the Merrow area are also welcomed, contact the Centre first.